
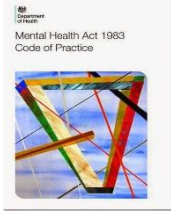






Having a visit from an Approved Mental Health Social Worker

	<p>What is a social worker?</p> <p>A social worker is someone who helps people.</p> <p>One of the ways they help people is to do a mental health assessment.</p>
	<p>What is the Mental Health Act?</p> <p>The Mental Health Act is a law that says doctors and social workers need to keep you safe and respect your rights.</p>
	<p>What is a Mental Health Assessment?</p> <p>The social worker and doctor need to check if you are upset and work out how to help you feel better.</p>
	<p>What will happen?</p> <p>The social worker will talk to you and your family. They will ask questions about your feelings, thoughts and behaviour.</p> <p>Sometimes this is difficult. It is ok to feel upset. There is no right or wrong answer.</p>
	<p>What will happen after the assessment?</p> <p>The social worker will decide how best to help you. This might be:</p> <ul style="list-style-type: none">• Staying at home or• Going into a mental health hospital for young people.• You might have to go into hospital when you don't want to. <p>Doctors and the Social Worker call this being detained under the Mental Health Act.</p> <p>Everyone will work together to keep you safe. Everything will be explained to you.</p>
	<p>Do you have any questions?</p>